SOBTIS PUBLIC SCHOOL (SR. SEC) ANNUAL CURRICULUM AND PEDAGOGICAL PLAN SESSION- 2024-25

VISION: "Our vision is to make the youth aspire ,discover, redefine, innovate and become successful in life."

MISSION: To develop future-geniuses with active and creative minds, a sense of understanding and compassion for humanity, and the courage to act upon their values and beliefs. We strongly believe in holistic development of each and every child spiritually, morally, intellectually, socially, emotionally and physically.

SUBJECT- Psychology

CLASS - XII

TEACHER- Fatima Hashmi

| SODJECT-1 Sychology | | CLASS - All | TEACHER- Fau | THE TESTITIE |
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| MONTH | NO. OF WORKING DAYS | TOPIC | AIL/SUB.IL/SPORTIL | DESCRIPTION |
| April | 23 | Ch-1 Variations in Psychological Attributes. & Revision | | |
| May | 15 | Ch-2 Self and Personality. & Revision | SubIL- Debate on Personality Theories. | Students will be divided into groups and one prominent personality theory will be assigned to each group. They will debate about the strengths and weaknesses of their assigned theory. |
| July | 26 | Ch- 3 Meeting Life Challenges. &Revision | AIL – PPT Topic :-1) Stress and Immune System. 2) Stress and Health. 3) Stress Management Techniques. | Students will give a PowerPoint Presentation on any of the given topics. |
| August | 24 | Ch- 4 Psychological Disorders. & Revision | AIL- Assignment on Psychological Disorders. | Each student will make an assignment on any one psychological disorder. |
| September | 6 | Revision | | |
| October | 22 | Ch-5 Therapeutic Approaches. & Revision | AIL- Drama or role play on Therapeutic Approaches. | Students will enact therapeutic sessions based on different |

| | | | | therapeutic approaches, showcasing their understanding through role play. |
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| November | 23 | Ch-6 Attitude and Social Cognition. Ch-7 Social Influence and Group Processes. & Revision | SportIL – Analysis of Sports Advertisement. | Students will examine the sports advertisements from a psychological perspective, discussing how they influence attitude of a person. |
| December | 18 | Recapitulation | | |